

Challenge Week

Residential Booklet



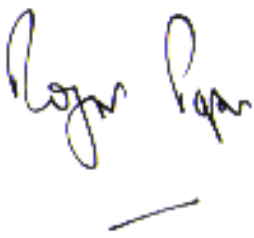
CHALLENGE WEEK INTRODUCTION

Your learning in lessons in College is important, but Challenge Week gives you the opportunity to put that learning into action in the wider world.

This is a week when you have the chance to grow. You can challenge yourself against the opportunities available and aspire to try things you have never tried before, from activities on your doorstep to those that take place across the world – Challenge Week is truly global in its reach.

This is your chance to meet new people, cope in situations that you have never faced before and to come back having learned new things about others and yourself.

Choose wisely and have a great week!



**ROGER POPE
PRINCIPAL**

CHALLENGE WEEK

This booklet is intended to give you a brief summary of the residential courses available to your son/daughter during Challenge Week 2011, which takes place during the week of 18th to 22nd July 2011.

DAILIES

In addition to the residential courses outlined in this booklet, there will be a wide range of activities for students to choose from on a daily basis and also mini residential of one or two nights away during Challenge Week. These activities will range from those organised within the College itself and further afield. A detailed booklet containing all the options available will be published in the Spring Term highlighting the many varied Daily activities including: horseriding, camping, surfing, cookery, rock climbing, motor cross, sailing and much more.

MEETINGS

Successful applicants to each of the courses will be provided with further details by the course organisers during the time leading up to departure. These are meetings that students must attend in order to gain the full benefit from the course and these will be held normally during lunchtimes. Some meetings may be held after College, depending on the type of course.

COST/GRANT AID

ALL COSTINGS are APPROXIMATE at this stage and based on courses running at near full capacity. Transport costs have to be shared by those actually taking part and may therefore vary from those shown in this booklet. So far as payment for the courses described in this booklet are concerned, the Education act allows the College to ask parents for voluntary contributions in order that activities can take place. Insufficient contributions would result in the cancellation of an activity. The College has a Grant Aid fund, which is for the benefit of students whose parents find difficulty in fully contributing to the cost of activities. Should you wish to apply for Grant Aid, please complete the form, which is printed at the back of the booklet, and return immediately to Mr Philips, Deputy Principal.

DEPOSITS

Confirmation of a placement on a chosen course will be notified to students at the beginning of November together with a request for a deposit in order to secure a place on the trip. This deposit shows a commitment to attendance on the residential **and cannot be refunded** unless the College cancels the course or if an appropriate medical certificate is provided. In all cases, the first £15 of any medical claim is non-refundable as this is the excess that the College has to pay on the insurance policy.

VACCINATIONS

The Norton Brook Medical Centre requests that students who may require vaccines to check in good time with the Medical centre and make arrangements in good time before departure.

APPLICATION FORM

The application form for the residential courses is contained at the back of the booklet.

Please do not change your mind once confirmation has been established. Remember deposits are lost if you do change your mind and the residential may not be able to go ahead if numbers fluctuate.

If you have any queries leave a message at Student Services or Main Reception.

Student Services: 01548 852641 ext.155

Main Reception: 01548 852641 ext 100

Narrowboating on the the Midlands Canals



Organiser: Mrs Townsley,
Mr Murry and Mrs
Visser

Cost: £245

No of places: 18

Restrictions: None

Dates: Very early Saturday
16th July –
Late Friday 22nd July 2011

Do you know what a windlass is for? Or how to work as a team, to empty & fill locks? Or do you fancy a turn at the tiller? Then this is the trip for you, join our “orange” brigade (life jacket colour) – we do get recognised along the canals.

Once again following the fantastic experiences of last year, we are repeating this highly successful trip to explore the canals around Rugby, but taking a different direction to explore the sights, locks and tunnels of a different waterway. We will travel along the canals on two 65ft narrowboats, enjoying the peaceful pace of the canals, AND the excitement and adventure as we go through numerous locks, including navigating Foxton flight of locks: this is a day’s travel going down & a day’s travel to come back up, and 2 long tunnels, when it is definitely all hands on deck helping, or sitting at the bow enjoying trying to see in the dark!

Some of the work is quite strenuous, BUT great fun!

We will moor up somewhere different each night, BBQ by the canalside in the evenings, or enjoy fab food whatever the weather, and if you prefer “landlegs”, you can walk along the tow path keeping up with the boat as we meander through the countryside during the day. If you have enough energy left after working the locks and steering the boats, you can enjoy a peaceful evening fishing off the canal bank, (yes there are fish to be caught!)

Our narrowboat experience is organised through a company specialising in group bookings with over 30 years’ experience, with safety as paramount importance. Lifejackets will be provided and worn.

On reaching our destination of Market Harborough, before turning around in a “winding hole” we will spend some in the town, with a possibility of “doing the shops”!
A pretty GREAT week, don’t you think!

Rochefort Sur Mer



Organisers: Miss Ubaldi, Mr Day,
Miss Luscombe, Mr
Fitzpatrick and
Mr Lidstone

Cost: £390 (£350 for Sixth Form helpers)

No of places: 41 (35 yr7-9 and 6 Sixth Form).

Restrictions: All participants will need a passport and European Health Insurance Card.

Students will have a certain amount of free time each day to buy picnic lunches/go sightseeing in small groups.

Dates: Leave Sunday 17th July and arrive back Sunday 24th July.

This full French experience takes in culture, language, history and physical opportunities to challenge all participants who wish to explore a rich and vibrant European country. We will stay in youth hostel accommodation at the Lycee Dassault a modern well equipped French boarding college situated in a beautiful French sailing harbour and minutes from the historical town of Rochefort Sur Mer.

Students will cover historical topics including the Roman Amphitheatre at Saintes, Napoleons Exile on the Ile d'Aix, the world famous John Martin Martell who found Martell Cognac Distillery and celebrate the Bastille Day festival. They will develop and use language skills to buy picnic lunches and find their way around French towns under supervision. They will need to use mathematical skills to manage finances for the week.

There will be many physical challenge opportunities including kayaking, cycling, and swimming, visiting both beaches and local water park, and playing the French historical game of boules. The students will be in groups working on a Make a Million quiz aimed at developing recall skills based on those activities each day. They will also have team challenge each evening designed to develop cooperation and leadership skills.

So, allez-y! Come and take a look at the fun photos of last year's trip outside ML6 or see Miss Ubaldi for more details.

Fun in Paris



Organisers:	Mrs Ohlson, Mrs Marsh, Ms Hooton, Mr King and Mr Kirby
Cost:	£360
No of Places:	45
Restrictions:	You will need a passport and new European Health Insurance Card
Dates:	Monday 18th July to Friday 22nd July 2011

Are you ready for the Paris challenge?

Five very busy days in the French capital:

- Practise your French
- Dine in a French restaurant
- Brave the 7 loop roller coaster at Parc Asterix
- Soak up the history at Versailles
- Cruise the River Seine
- Climb the Eiffel Tower
- Enjoy a full day of Disney experience at Euro Disney

If you think you have the energy for this action-packed, fun-filled trip and would like to see the sights of this beautiful city, this must be the activity for you.

Accommodation in 2* hotel. Prices include all travel, hotel, entry fees and food for the trip. The only required money is for souvenirs!! Hope to see you there!

North Devon Sand, Sea and Surf Appledore



Organisers: Mr Gardner, Miss Palmer, Miss West and Mr Bindon
Cost: £180.00
No of places: 40 including 5 Sixth Form places
Date: Monday 18th July - Thursday 21st July

On this trip you will challenge yourself in a number of ways:

- Test your nerve on the high ropes with trapeze.
- Surf on Westward Ho.
- Kayak along the River Torridge.
- Cook your own evening meal.
- Pitch and strike tents.
- Climb and Abseil

This trip has been running successfully for many years. You will leave school on Monday morning and return on Thursday. The four days are packed with adventure and there is never a dull moment. We camp in a field at the centre where there is a swimming pool and games room. A full English breakfast is provided every morning. Lunches are a great hit as you make your own packed lunch from a wide selection and the evening meal is cooked all by yourself!! Everything is included in the price and there is no need to bring a lot of cash. There is a small tuck shop with souvenirs on the site. Hopefully see you there?

Hectic Holland



Organisers: Mrs Chell, Miss Stephenson, Mr Norman, Mr Eaton
and Mr Davies
Cost: £350.00
No of places: 44
Dates: Monday 18th July – Friday 22nd July 2011

Enjoy a trip to Amsterdam the capital of Holland to experience the history and taste the culture of this city.

Visits to:

Anne Frank's House
Van Gogh Museum (Find out why he chopped his ear off!)
Canal Cruise
Science Museum / Amsterdam Dungeon
Eftling Tower Theme Park
Ajax Football Stadium

... and lots lots more.

Surfing/Sailing in Cornwall

Organisers: Mrs Barton and Mr Young
Cost: £290
No of places: 20
Dates: Monday 18th July - Friday 22nd July 2011



Must be confident swimmer– at least 50m – and happy to spend a lot of time in the sea

Great residential for complete beginners to more experienced surfers and sailors

If you love:

- action-packed days
- want to learn to surf or improve your surf skills on the famous Fistral Beach waves
- want to learn to sail, windsurf or kayak within a lake environment
- enjoy spending time with a small group and making new friends

then join us for this very popular challenge week residential. We will be staying in a 5* Youth Hostel on the Lizard in Cornwall which is a fantastic base for our week's stay - wonderful views, small dormitories, and fantastic garden with BBQ .

- You will have 3 surf lessons on Fistral Beach, Newquay – the south west's mecca for surfing!! Instruction will be provided by the instructors at the National Surfing Centre based at Fistral Beach, Newquay
- 3 sessions of sailing, wind surfing or kayaking on Stithians Lake - one of the south west's windiest lakes. The Watersports Centre offers high class equipment and facilities and an opportunity to sail in beautiful surroundings.

All the water activities are carried out by approved instructors trained professionally to provide safety in and on the water.

We will travel in two minibuses which gives us flexibility to go on spontaneous visits and excursions according to weather etc. We will spend the evenings exploring this exciting part of Cornwall which may include Ships & Castles Leisure Pool in Falmouth, exploring the fishing village of Cadgwith or further afield at St Michael's Mount

We look forward to welcoming you to our trip.

Ich bin ein Berliner!

Organisers: Mr Graham, Mr Snell and Miss Kilshaw
Cost : £399
Number of places: 40
Restrictions: None
Dates: Sunday 17th July - Saturday 23rd July



Travel by executive coach to one of Europe's most exciting and cosmopolitan destinations. This brand new challenge week trip will depart in the evening on Sunday 17th July. During the week we will visit all the top sites including the iconic Brandenburg Gate, the Berlin Wall crossing point - Checkpoint Charlie, the Hauptstadt Zoo, the Sachsenhausen Nazi Concentration Camp, shopping on the world famous Ku Damm street, a visit to the German parliament and finishing up at Germany's biggest indoor waterpark. The price includes food, travel, all activities and 4 nights in a hotel.

A Sixth Form Greek Odyssey

Organiser: Mrs Stevens and Mr Collard
Cost: approximately £520 inclusive of flights, excursions and hotel accommodation.
No of places: 10-20 students - Sixth Form Students only
Dates: Friday 15th July - Thursday 21st July.

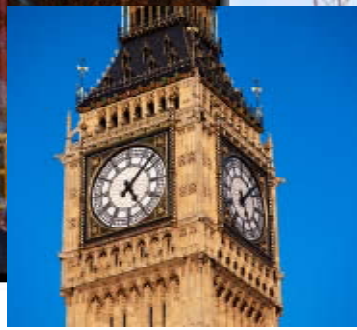


Come with us to explore the secrets of the ancient world! See the wonders of the ancient world such as the acropolis, Delphi and Mycenae. Experience the atmosphere and culture of a thriving cosmopolitan city where East meets West. See the home of the modern Olympics and take a day's cruise around the Peloponnese.

Our residential is going to be based in and around Athens and will present a range of intellectual, artistic and culinary activities and challenges for the student group catering for a wide variety of interests. We shall explore many sites of the ancient world and view how the old and new live side by side. The accommodation will be in a hotel (with a pool) and we intend flying from a West Country airport to be confirmed at a later date.

A non-returnable deposit of £100 is needed to secure a place on this new and innovative sixth form residential; this will allow us to book the best possible early flights.

The London Experience



Organiser: Miss Stephens, Mr Philips, Mr Courtice and Ms Bennett
Cost: £280
No of Places: 28 (to include 4 Sixth Formers)
Restrictions: None
Dates: Monday 18th July - Thursday 21st July

An amazing four-day action packed visit to our capital city, London. If you're energetic and feeling adventurous this could be the trip for you!

We will travel to London by train, stay in exclusive Holland Park South Kensington and spend four days exploring the sites. We will be taking part in lots of activities that one of the most exciting cities in the world has to offer.

The types of activities we could be doing:

- The London Eye
- BBC TV Centre
- Camden Market
- Theatre in Covent Garden, West End
- Madam Tussards
- Natural History Museum
- ...and much more!

As well as the activities we will also have a tour of the city and a boat trip on the River Thames. All transport, meals and entrance fees are included in the cost.

Don't miss this opportunity to get real taste of London and all that it has to offer.

Canoeing on the River Wye

Organisers: Mr Allen and Mrs Baker

Cost: £320

No. of places: 8

Restrictions: You must be a confident swimmer - 50 m - and happy to spend a lot of time canoeing!

Dates: Monday 18th – Thursday 21st July

Join us for a canoeing trip down the river Wye, camping and picking up bush survival skills along the way!

The River Wye is one of the most picturesque waterways in Britain and we will be spending four days paddling down and camping alongside it, exploring and living in this beautiful natural environment. We will be paddling in two-person open canoes which are ideal for beginners and experienced paddlers alike.

Potential skills and activities include:

- Canoeing skills
- River navigation
- Outdoor cooking (i.e. making fires!)
- Shelter building
- No trace travelling and environmental awareness

The trip will be led by a fully qualified outdoor expedition leader with over twenty years experience, and all equipment and training will be provided.



The Prague Experience

Organisers: Mr Randall, Miss Gadd,
Mr James and
Miss White

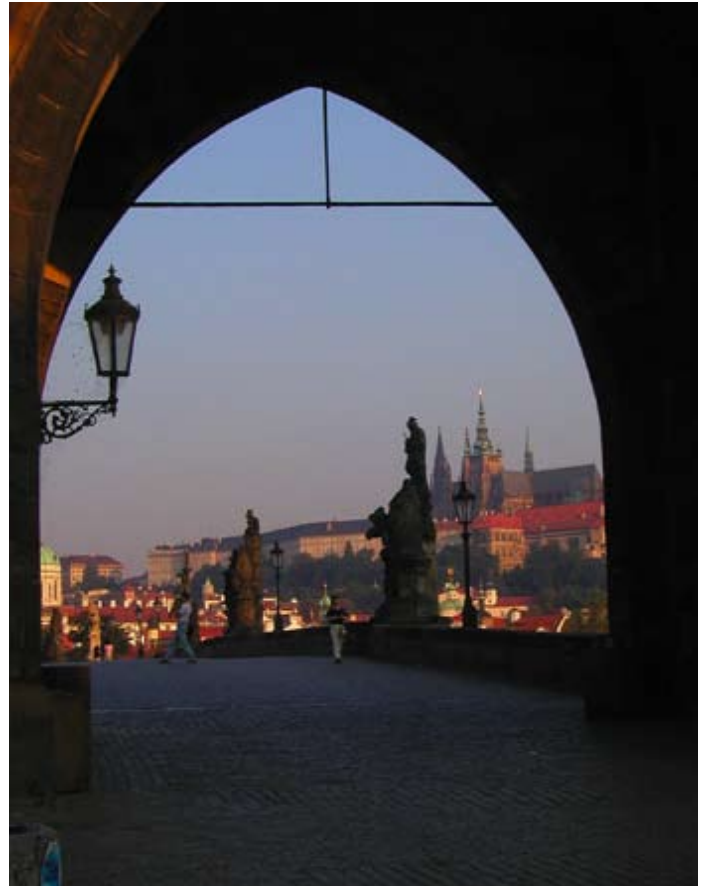
Cost: £390

No of Places: 30

Restrictions: None

Dates: Monday 18th July -
Thursday 21st July

A four-day visit to the fairytale city of Prague. Considered one of the most picturesque and fascinating cities in the world, Prague is a city like no other! This trip will provide a unique cultural, historical and exciting experience of Eastern Europe, through an exploration of its narrow streets, ancient monuments and incredible architecture.



The city is a perfect mix of new and old. It offers visitors the chance to uncover its weird, wonderful and beautiful features. If you're willing to take on new challenges and broaden your experiences exploring one of the most incredible cities in the world, then Prague is a must!

Potential activities include:

- Exploring the gothic city streets, as featured in films such as the Bourne Identity
- Visiting one of the most fantastic castles in Europe
- Riding an almost vertical railway to Prague's own answer to the Eiffel tower
- Watching an amazing light and dark show
- Taking a river trip down the Vlatava
- Discovering the ghosts of the old town and experiencing the famous Wenceslas square...and much more!

As well as these activities we will also have a tour of the city and sample the Czech food. All transport, meals and entrance fees are included in the cost.

Devon C2C ...and back!!!!

Organisers: Mr Wibberley, Mrs Gillard and Mr White
Cost: £180
No of Places: 24
Restrictions: None
Dates: Monday 18th July - Thursday 21st July

Ready for the ride of a lifetime and 40+ miles a day? The Devon C2C residential plans to get you ready for a long distance cycle ride from the Channel coast of Devon at Plymouth to cross Dartmoor and end up at the Atlantic Coastline three days later. We plan to join the off-road Plym Trail, Granite Way and Tarka Trail with short on-road bits to form a real two wheeled challenge..... and then we cycle back!!

Prior to the challenge week ride we will have practise rides locally and safety and maintenance sessions. KCC has a few mountain bikes that can be borrowed for the C2C ride.

We will meet at the Docks in Plymouth and ride north, skirting around the edge of Exmoor, staying in Okehampton on Monday night. Tuesday's ride will lead to Yarde Orchard; a lovely spot to camp in a converted barn, yurks and tents. Wednesday's ride takes us through Barnstaple, Bideford and on to the Ocean Backpackers at Ilfracombe on the North Coast. We will cycle back to Bideford on Thursday where the coach will meet us to transport bikes and tired legs back to South Hams. This a real challenge and last year a real sense of pride and achievement was evident on every cyclists face!

We hope you want to join us.!



FOR ALL RESIDENTIAL ACTIVITIES

Don't Stop Me Now Funding is available for children who are eligible for free schools meals are in care to take part in out of school activities. You can use 50% of your £300 subsidy towards our Challenge Week residential.

Once you have been advised that you have a place on a residential let the Finance Office know that you wish to use your subsidy. We will contact the Don't Stop Me Now team to make sure you have funds available before confirming your booking. If you want information on how to enrol for the Don't Stop Me Now subsidy please contact Emma Meek on 07872420428 or Penny Amos on 07872420429.

CHALLENGE WEEK 2011 RESIDENTIAL ACTIVITIES

STUDENT NAME _____ TUTOR GROUP _____

Please complete and return this form to your tutor **by 2nd November 2010** Unfortunately many trips are often oversubscribed and we cannot guarantee a place on a trip.

PLEASE NOTE: Trips are NOT allocated on a first-come, first served basis, but are allocated to ensure that the maximum number of residential trips can run during Challenge Week.

FIRST CHOICE	
SECOND CHOICE	

NARROWBOATING
ROCHEFORT SUR MER
THE PRAGUE EXPERIENCE
HOLLAND
DEVON C2C ...and back!!!!
BERLIN
GREECE

SAND, SEA AND SURFING IN CORNWALL
FUN IN PARIS
THE LONDON EXPERIENCE
NORTH DEVON SAND, SEA AND SURF APPLIEDORE
CANOEING ON THE RIVER WYE.

If you took part in a residential during Challenge Week 2010 where did you go?

----- (Please state which residential)

PLEASE REMEMBER THAT ALL MONIES PAID INTO RESIDENTIAL TRIPS ARE NON-REFUNDABLE UNLESS SUPPORTED BY A MEDICAL CERTIFICATE

Parentpay

Students will be notified when they have been allocated a place on a residential.

Payment will then need to be made through our Parentpay system as explained below.

Please log on to www.parentpay.com to make your payment(s). Should you require any help or advice on accessing the site, please do not hesitate to contact our Finance Team on the College number 01548 852641 ext. 169. If you do not have access to the internet you will need to request a bar-coded letter for this activity from the Finance Office at Kingsbridge Community College. You can take your barcoded letter to a PayPoint outlet, just hand it over to the retailer with your payment and they do the rest. You get a receipt for every payment you make, but please bear in mind that it may take 3 days for your money to reach Kingsbridge Community College.