

Helpful Numbers and Addresses

Parentlineplus

Is a charity that supports parents. This confidential helpline is open 24hrs a day 7 days a week.

Phone 0808 8002222 www.parentlineplus.org.uk

e-mail parentsupport@parentlineplus.org.uk

Bev Carson – Parent Support Adviser

For the Kingsbridge Learning Community

Her role is to support parents and children with any concerns in relation to education, behaviour or attendance.

Phone 07540 673 576

Childline

0800 1111

FRANK

Independent Government funded website that gives help and advice on drugs. Phone 0800776600 Text 82111

www.talktofrank.com

Devon Stop Smoking

The local Stop Smoking Service

01884 836024 www.smokefree.nhs.uk

Alcohol Information

www.nhs.uk/units

Y-SMART

Aims to provide high quality, accessible targeted prevention and planned treatment services for young people. www.y-smart.org.uk



Kingsbridge Community College

Drugs and Alcohol Awareness



Drugs and Alcohol Awareness

Dear Parents / Carers,

As you may know our school is a Healthy School. We are very proud of our success in achieving the Devon Healthy Schools Award as this shows that we are dedicated to giving our children the very best start with an all-round healthy approach to life.

Alongside our PSHEE (Personal, Social, Health and Economic Education) curriculum we will be running a programme of Drugs and Alcohol Awareness during December. We are working closely with the primary schools across the whole learning community who are running a week of activities.

The aims of the programme will be to:

- Raise awareness of the issues surrounding drugs and alcohol.
- Promote a no-smoking lifestyle.
- Profile the agencies and community members who are available to support and help.
- Provide information to parents and carers on how they can support students in coping with drugs and alcohol related issues.
- Answer any questions that students have regarding drugs and alcohol.

The programme will be delivered through assemblies and via tutors.

Speakers will cover the following areas:

- Support agencies (presented by Helen Fraser of YES)
- Smoking (presented by year 10 students)
- Alcohol and personal safety (presented by year 11 students)
- Why do parents worry? (presented by Susan Fish)
- The life of the addict (presented to year 10 and 11 only by Y-Smart and a recovering addict)

Surveys completed by students showed that they would like more information on these issues.

A leaflet, produced by the government agency FRANK, is available for those who would like more detailed information on drugs and alcohol. Please feel free to collect one from College Reception.

If you would like more information then please do not hesitate to contact me.

Andy Major

Head of PSHEE and Citizenship

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